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Ad Number: 234100

Location: Mississauga, ON  
Posted: Aug 20th 2025 at 1:47pm

## Dietary Aide

**Type:** Full Time  
**Pay:** 20.50 per hour  
**Employer:** Dexterra

### Job Description

#### WHAT WE ARE LOOKING FOR?

We're looking for a motivated, quality-driven Dietary Aide to join our team. The Dietary Aide is responsible for providing a variety of duties related to the preparation of patient meals and snacks, the service of foods, and the routine cleaning of food services areas in accordance with the policies of the facility and applicable legislation.

Hourly Rate: starting at \$20.50

Your work will include:

Assist with food/meal production

Prepare trays/plates and/or distribute the patient and client meals and snacks according to the diet list/individual diet menus and the patient preferences

Prepare nourishments and carts for service

Prepare supplements and thickening fluids for texture-altered diets

Follow each patient/client plan of care and communicate any discrepancies to the supervisor in a prompt manner

Prepare/sanitize tables and serving areas for meal services

Maintain a sanitary and clean working environment in line with infection control techniques

Maintains food handling protocols and infection control practices in keeping with public health practice and applicable legislation

Transport dishes to/from patient rooms and kitchen.

Complete the daily and deep cleaning and sanitizing of dishes, utensils, glassware, and equipment used for patient meal preparation, delivery, and service

Receive, store and manage the inventory of patient and food service supplies

Ensure good personal hygiene, with a neat and clean appearance and in accordance with the dress code for the department as per policy, such as safe foot attire, hair net, uniform etc. Follow and meet all pre-determined work routines and schedules

Follow cleaning schedule and sanitation guidelines

Carry out all other job-related duties that contribute to the team approach of patient and client care as assigned by the supervisor.

### Qualifications

#### WHO ARE WE LOOKING FOR?

Demonstrated ability to communicate effectively with co-workers and healthcare professionals

High school diploma or GED (required by most employers)

Completion of a food handler's certification

On-the-job training or completion of a dietary aide training program

Understanding of basic nutrition and dietary restrictions

Familiarity with food safety and sanitation standards

Basic food preparation and portion control skills

Knowledge of infection control and hygiene practices

Good record-keeping and labeling practices

Strong communication skills to interact with residents, patients, and staff

Ability to work in a team and follow directions

### Company Description

#### WHO ARE WE?



We've been serving Canadian clients for over 75 years. The companies that began independently and now form Dexterra Group have an outstanding record of supporting the infrastructure and built assets that play a vital role in our society and helping our clients achieve higher performance and productivity. Powered by passionate people, we bring the right teams with the right skills together — offering both experience and regional expertise so companies can operate their day to day, confidently and successfully.

#### Additional Information

Dexterra Group is an equal opportunity employer committed to diversity and inclusion. We are pleased to consider all qualified applicants for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, protected veterans' status, Indigenous status, or any other legally protected factors. Disability-related accommodations during the hiring selection process are available upon request. Although we appreciate all interest, only those candidates who are selected for interviews will be contacted. more info is available for this ad at [www.yktrader.com](http://www.yktrader.com)

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